

# Community Health Planning Summit

Vanderburgh County Health Department November 2018

# **Overview**

On November 9, 2018 the Vanderburgh County Health Department hosted the first annual Community Health Planning Summit (see Appendix A). The Summit was conducted in the Welborn Conference room at 412 Mulberry St. Evansville, IN 47713 from the times of 8:00am-10:00am. The full agenda for the Summit is included in (Appendix B).

The Vanderburgh County Health Department partnered with Ashley Johnson, a representative from Deaconess Hospital, to help focus the discussion around the development of an implementation plan for the 2019 Vanderburgh County Community Health Needs Assessment. A major goal of hosting an annual Community Health Planning Summit is to keep the Vanderburgh County Health Department's priorities centered on the identified needs in the Community Health Needs Assessment.

Another important goal of the Community Health Planning Summit for the VCHD is to gain community input from a variety of healthcare providers such as local hospitals, clinics, and non-profits as well as policy influencers and members of local government. The list of individuals in attendance of the event is included in (Appendix C). The Summit was introduced by Dr. Mark Wohlford, chairman of the Board of Health.

Community partners in attendance of the Summit were seated at round tables divided by topic area. The table discussions were separated into the following groups: health, nutrition, and wellness, infant mortality, substance abuse/mental health, and governing entities. Each round table was given the same set of discussion questions to be answered according to their respective topic areas. The list of discussion questions for each table is included in (Appendix D). Each table discussion was moderated and recorded by a VCHD staff member.

During the Summit, each table moderator took notes and compiled a list information discussed in their respective round table conversations. Notes from the round table discussions are included in this report in (Appendix E). Each table moderator briefly presented highlights from their table discussions with the larger group to close out the discussion.

VCHD Administrator, Joe Gries, closed the Community Health Planning Summit with final remarks. The information gathered from community partners will be compiled in this report along with an analysis of the round table discussion notes. This information is to be shared with the Vanderburgh County Board of Health, community partners, and individuals involved in the planning of the Community Health Needs Assessment implementation plan. It is the intention of the Vanderburgh County Health Department to continue these Summit discussions annually to increase community collaboration and continually renew our focus with the most pertinent health needs of Vanderburgh County.

# **Discussion Analysis**

The Community Health Needs Assessment (CHNA) served as the guide for discussion around health issues during the Community Health Planning Summit. The Summit allowed for community collaboration and thorough discussion of local processes, programs, and systems that are working well, helped identify gaps in service, and fostered discussion for innovative problem solving. Many specific needs were identified and proposals were made to move our community forward. The following list was composed based on analysis of the Discussion notes are outlined in full in (Appendix E):

- 1) Increase community partnerships and collaboration
- 2) Better advertising and referring to current resources
- 3) Invest in programs that provide wrap-around services
- 4) Revitalization of public and alternative transportation
- 5) Re-zoning areas of the community to improve resources
- 6) Addressing education, poverty, housing as barriers to receiving healthcare
- 7) Healthcare provider education on implicit bias
- 8) Reduce mental health care stigma
- 9) Simplification and better utilization of the Medicaid system
- 10) Encourage local schools and colleges to get minority students into health fields

Each item on the list was discussed at multiple tables as a need for the community to improve healthcare delivery in Vanderburgh County in the coming years. This list is not comprehensive of discussion, but rather highlights repeated themes and suggestions made throughout the Summit.



# COMMUNITY HEALTH PLANNING SESSION WELBORN CONFERENCE CENTER

# November 9, 2018 | 8-10am

You are invited to join the Vanderburgh County Health Department for an annual Community Health Planning Session in preparation for the 2019-2021 Community Health Needs Assessment (CHNA). Join peers, thought leaders, and subject matter experts as we discuss priority health issues in the Evansville community.



Poverty

Access to Care

**Food Security** 

Infant Mortality

Mental Health

**Drug Addiction** 

Health, Nutrition, and Wellness

VANDERBURGH COUNTY HEALTH DEPARTMENT

Welborn Conference Center 412 Mulberry St. Evansville, IN 47713

Friday, November 9, 2018 8-10 am



420 Mulberry Street Evansville, Indiana 47713-1231 Phone: (812) 435-2400

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# VCHD Community Health Improvement Plan Meeting Agenda

TIME	EVENT	RESPONSIBLE PARTY
7:45-8:15	Doors open, coffee & refreshments served	VCHD Staff
8:15-8:20	Introduction to speaker	<b>Dr. Wohlford</b> Chair, Board of Health
8:20-8:30	CHNA background	Ashley Johnson Deaconess
8:30-9:30	Round table discussion	Joe Gries VCHD Administrator
9:30-9:45	Table presentations to group	Joe Gries VCHD Administrator
9:45-10:00	Discussion summary & closing remarks	Joe Gries VCHD Administrator

# Appendix C

ALIH	Friday, November 9, 2018	i
MENT mote. Protect. Partner.	Welborn Conference Room	
	Attendee List	
NAME	EMAIL	Organization
Andrea Hays	ahays@welbornFDN.onmicrosoft.com	Welborn Baptist Foundation
Arlinda Payne	arlinda.payne49@gmail.com	Black Nurses of Evansville
Ashley Johnson	ashley.johnson@deaconess.com	Deaconess Hospital
Bev Walton	beverly.walton@cpscindky.org	Community Patient Safety Coalition
Caitlyn Legler	clegler@unitedwayswi.org	United Way - Americorps
Charissa Schuetz	cschuetz@vanderburghcounty.in.gov	Vanderburgh County Health Department
Cheryl Musgrave	cwmusgrave@vanderburghgov.org	County Commissioners
Janet Raisor	joraisor@ascension.org	St. Vincent Hospital
Joe Gries	jbgries@vanderburghcounty.in.gov	Vanderburgh County Health Department
Lacy Wilson	wilso766@purdue.edu	Purdue Extension
Lori Grimm	lori.grimm@deaconess.com	Deaconess Hospital
Lorie Van Hook	lavanhook@walkbikeevv.org	Evansville Trails Coalition
Lynn Herr	lherr@vanderburghcounty.in.gov	Vanderburgh County Health Department
Lynn Miller Pease	lynn@leadershipevansville.org	Leadership Evansville
Mark Wohlford	mwohlford@tristateoralsurgery.com	Chair, Board of Health
Mary Jo Boroweicki	mborowiecki@vanderburghcounty.in.gov	Vanderburgh County Health Department
Michelle Galen	r.michelle.galen@deaconess.com	Board of Health
Mikelle Rabuck	mrabuck@vanderburghcounty.in.gov	Vanderburgh County Health Department
Rashawnda Bonds	rbonds@capeevansville.org	Community Action Program Evansville
Sandee Strader-McMillen	sstrader-mcmillen@echochc.org	Board of Health/ECHO Clinic
Scott Branam	scott.branam@deaconess.com	Deaconess Crosspointe



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## Questions for Community Health Planning Meeting

(Health, Nutrition, & Wellness; Infant Mortality; Substance Abuse/Mental Health Tables)

- 1. What is currently being done to address (topic) in Vanderburgh County?
- 2. What programs do you think are working well to address (topic) in Vanderburgh County?
- 3. What programs do you think are not working well to address (topic) in Vanderburgh County?
- 4. What do you think can be done to better utilize resources and programs that currently exist to address (topic) in Vanderburgh County?
- 5. How do you think access to care plays into (topic) in Vanderburgh County?
- 6. How can we address access to care issues in relationship to (topic) in Vanderburgh County?
- 7. How do you think social determinants of health play into (topic) in Vanderburgh County?
- 8. How can we address social determinants of health in relationship to (topic) in Vanderburgh County?
- 9. How do you feel institutional racism plays into (topic) in Vanderburgh County?
- 10. How can we address institutional racism in relationship to (topic) in Vanderburgh County?

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### Questions for Community Health Planning Meeting

(Governing Entity Tables)

- How can we address access to care issues in relationship to health outcomes in Vanderburgh County?
- How do you think social determinants of health plays into health outcomes in Vanderburgh County?
- 3. How can we address social determinants of health in relationship to health outcomes in Vanderburgh County?
- 4. How do you feel institutional racism plays into health outcomes in Vanderburgh County?
- 5. How can we address institutional racism in relationship to health outcomes in Vanderburgh County?
- 6. What programs do you think are working well to address infant mortality in Vanderburgh County?
- What programs do you think are working well to address mental health in Vanderburgh County?
- 8. What programs do you think are working well to address substance abuse in Vanderburgh County?
- What programs do you think are working well to address health, nutrition and wellness in Vanderburgh County?
- 10. What do you think we can do to better utilize the programs that were just mentioned?

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### Questions for Community Health Planning Meeting

Health, Nutrition, and Wellness Notes

- What is currently being done to address Health, Nutrition, and Wellness in Vanderburgh County?
  - VCHD Programs: Stop smoking, Weigh Down, Stress Management, Baby & Me Tobacco Free, DPP
  - YMCA- partnership with St. Vincent Diabetes program (Team 13 nutrition lessons), pediatric weight management program
  - Epworth yoga, wellness classes for public & associates, shift in focus to population health
  - d. Deaconess Action women's wellness cards
  - e. St. Vincent food security programs at elementary schools (Cedar Hall)
  - f. Health Coalition: Healthy Community Partnerships
  - g. Purdue Extension-teaching nutrition in low income elementary schools
  - h. Promise Zone focus on food access
- What programs do you think are working well to address Health, Nutrition, and Wellness in Vanderburgh County?
  - a. Programs which include collaboration efforts are working well
  - b. Healthy Community Partnerships has been doing well to lead the way
  - c. VCHD Health Promotion programs with proven outcomes & winning awards
  - d. Trails Coalition High Rail Safety doing well to reach out to younger generation and also improving bike lanes/roads
  - e. Programs that promote a culture change
  - f. Collaboration leading to momentum in our community
- 3. What programs do you think are not working well to address Health, Nutrition, and Wellness in Vanderburgh County?
  - a. Most programs seem to be poor at tracking outcomes
  - b. So many programs the focus is not very narrow
  - c. Connecting the dots between initiatives is an issue
  - d. Knowing WHO to approach to get information/answers is difficult
  - e. No "Master Plan" seems to exist
  - f. Overlay map of plans is not public, the data is extensive and difficult to read
  - g. Poverty is such an issue and often needs to be looked at before Health, Nutrition, & Wellness programs are even considered
  - Communication & awareness of programs is lacking- more networking and connections between practicing physicians and other groups

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- An update to Vanderburgh County's trails map would be a good next step for 2019-Center for GIS
- j. Continuing to push awareness for the initiatives in the county
- 4. What do you think can be done to better utilize resources and programs that currently exist to address Health, Nutrition, and Wellness in Vanderburgh County?
  - a. Information sharing
  - b. Cross collaboration
  - c. Awareness/Promotion
  - d. Environment & Programs working together
  - e. Sync a community calendar
  - f. Funding (grant writing)
  - g. Increase membership to Healthy Community Partnerships from people outside the area of Public Health
  - h. IU medical school involvement
    - i. Community work
    - ii. Family Medicine residencies
    - iii. Internships
    - iv. American Heart Association knowing biometric numbers and providing health screenings to the public
- 5. How do you think access to care plays into Health, Nutrition, and Wellness in Vanderburgh County?
  - a. Connection to primary care, screening availability
  - b. Navigators
  - c. Look into percentage of residents with coverage
  - d. Many people have 2+ appointments for the same issue, look into streamlining the process so that it makes it easier for people to get to the doctor once instead of multiple appointments
  - e. Volunteers or students to follow up with patients and bring them resources
  - f. More money and access to transportation- trails could help
- 6. How can we address access to care issues in relationship to Health, Nutrition, and Wellness in Vanderburgh County?
  - St. Vincent and YMCA partnership- getting physicians downtown Evansville where patients need them
  - b. Getting Specialists into doctor's offices downtown
  - Because there is a shortage of PCPs, we need to get medical school residents involved in the community

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- 7. How do you think social determinants of health play into Health, Nutrition, and Wellness in Vanderburgh County?
  - The social determinants of health are everything- poverty & education needs often need to be addressed before wellness issues
  - b. Food access is an issue- Promise Zone is aiming to tackle this issue
  - 60% of students in EVSC school system have free or reduced lunch, great need in our community
- 8. How can we address social determinants of health in relationship to Health, Nutrition, and Wellness in Vanderburgh County?
  - a. Free & reduced lunches in schools
  - b. Housing & food security being addressed
  - c. Community infrastructure- trails/access
  - d. Housing organizations collaborating together with Health workgroups
  - a. 360-degree care for people in our community- mental, emotional, physical, spiritual health
- How do you feel institutional racism plays into Health, Nutrition, and Wellness in Vanderburgh County?
  - a. Our community lacks diversity, especially in providers
  - b. Unawareness of cultural competency is heavy in Vanderburgh County
  - c. The Health community is not often thing about it
  - d. City planning has led to inequity
- 10. How can we address institutional racism in relationship to Health, Nutrition, and Wellness in Vanderburgh County?
  - a. CAPE minority health is helping to address institutional racism
  - Efforts in 4H at the Purdue Extension and Joshua Academy to include diverse students in food education
  - c. Make an effort to include diverse perspectives on boars in hospitals
  - d. HOLA
  - e. Focusing on the Marshallese population
  - Make commitments in health collaborations to have intentional conversations about the tonic

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## Questions for Community Health Planning Meeting

Infant Mortality Notes

- What is currently being done to address IM in Vanderburgh County? Neighborhood Baby
   Shower, Have a healthy baby class, Safe Sleep certification, Pre to 3, BMTF, FIMR, PNAB,
   Evansville Christian Life Center programs, Little Lamb programs, Milk Bank, Healthy Baby Steps,
   EQUIP, Perinatal Substance Committee, Stepping Forward, Safe Sleep classes-state program, 17P
   preterm toolkit, Perinatal level of care, Baby Friendly
- 2. What programs do you think are working well to address IM in Vanderburgh County?

BMTF, FIMR, Pre to 3, Stepping Forward, Neighborhood Baby Shower, FFSA working with Medicaid funding/ billing

- Awareness has made a difference for IM and the disparity issue
- 3. What programs do you think are not working well to address IM in Vanderburgh County?

PNAB could be more proactive to make recommendations and take actions regarding IM

17P needs to be more accessible

Not enough drug treatment center for pregnant clients

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4. What do you think can be done to better utilize resources and programs that currently exist to address IM in Vanderburgh County?

Expansion of the Deaconess Residency and EHCO clinic. Awareness to the quality of these programs

OB navigators and social workers to assist with services

Improved transportation that is low cost or no cost

More Medicaid providers- widen panels for Medicaid clients

5. How do you think access to care plays into (topic) in Vanderburgh County?

17 P can only be mailed to a home address, which is a problem for housing insecurity

Transportation is an issue with delivering hospital/offices not on bus route

Open up office hours to include evening and weekends for those that work and unable to take off

Awareness and education that early and often OB care is essential to good outcomes

6. How can we address access to care issues in relationship to (topic) in Vanderburgh County?

Must build trust and be visible in the community to improve access to care

Education and discussion with home birthing providers

Utilize more nurse navigators/ social workers and doula home visitation

7. How do you think social determinants of health play into (topic) in Vanderburgh County?

Lack of Medicaid providers in at risk areas

County?

Lack of need support during pregnancy and post partum

8. How can we address social determinants of health in relationship to (topic) in Vanderburgh

Education to provide culturally competent care including care from minorities

Discussion early and often on how social determinants of care impacts the life course

9. How do you feel institutional racism plays into (topic) in Vanderburgh County?

Unfortanely many times we are Not providing culturally competent care

Everyone providing care should be aware of their implicit bias- all should have ongoing assessments and education

If you are a black health care provider, you have to prove yourself ... judged

10. How can we address institutional racism in relationship to (topic) in Vanderburgh County?

Early education to all health care providers

Get more community partners to the table to discuss institutional racism including AHEC,

NAACP in all facets of providing health care



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### Questions for Community Health Planning Meeting

## Metal Health/Drug Addiction Notes

What is currently being done to address (topic) in Vanderburgh County?

12 step programs - there is a central office for AA, NA, etc.

MAT programs - opioids only

CAJE - teaching how to administer Narcan

House of Bread and Peace - for women, address mental illness and substance abuse together

YWCA - homeless and recovering

Certifications to treat drug addiction

Education on Narcan administration

Jail

Hospitals

affordable

Stepping Forward

**Brentwood Springs** 

Respite housing

Public and private mental health programs

What programs do you think are working well to address (topic) in Vanderburgh County?
 W.A.R.M. Center – allow to stay for a longer time, drug/alcohol only, residential/half-way house,

Stepping Forward - so many resources

AA, NA - support community

Intensive outpatient

Education for people about addiction

Youth First social workers

MAT - may not have enough data on outcomes yet

CIT/HOPE – crisis intervention training, volunteers that respond to a family when a family member commits suicide

What programs do you think are not working well to address (topic) in Vanderburgh County?Programs are too brief

Jail – the treatment for drug addiction/mental health treatment is almost non-existent MAT – need to get patients more support/resources, could connect each patient to AA, NA

Education for youth could be stronger

Need to see what EVSC is doing for education on opioids and mental health

Education on stigma could be better

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4. What do you think can be done to better utilize resources and programs that currently exist to address (topic) in Vanderburgh County?

People with poverty or no insurance

If people have been harmed in the past, they may not have trust in many people
Patient may or may not have family
Family may be an enabler
Patient may have elevated ACE score
Unconscious bias

5. How do you think access to care plays into (topic) in Vanderburgh County?

Provide education to reduce stigma

Have dialog with youth - listening sessions to see what they want to learn and see done and how they see what is happening

6. How can we address access to care issues in relationship to (topic) in Vanderburgh County? There are not enough black residents in the recovering community There are not many black people who are attending AA, NA Doctors may be more willing to prescribe opioids to white patients Poverty – could be treated differently because of poor or no insurance

7. How do you think social determinants of health play into (topic) in Vanderburgh County? Get young people to work on thinking about health careers Have an intentional build of minority in health care – EVSC and colleges EVSC – work on unconscious bias education/training Retrain staff about providing culturally competent care to patients

 How can we address social determinants of health in relationship to (topic) in Vanderburgh County

Get a group together of providers, recovering addicts, etc and discuss what is working to address this topic – get all stakeholders and groups together to work on programs and solutions together Have more referrals to AA/NA programs – set the patient up with a partner to go to meetings Hold youth AA meetings

Hold college AA meetings

How do you feel institutional racism plays into (topic) in Vanderburgh County?
 Patient may wait to get into a mental health provider
 All organizations have open positions they can't fill
 Need to get addicts into treatment immediately

10. How can we address institutional racism in relationship to (topic) in Vanderburgh County? Education for public on what type of mental health provider they need and how the system works Offer next day appointment in treatment facilities

Peer recover coach program to have support after discharge



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### Questions for Community Health Planning Meeting

### Governing Entities Notes

- How can we address access to care issues in relationship to health outcomes in Vanderburgh County?
- Stratify the different problems different populations have to determine who can help in each area.
- Work to make public transportation more efficient and more varied.
- Develop Electric Scooter depots throughout the city.
- Look at the Toyota study that looked at the urban to rural transportation issues to see if there
  would be helpful determinations that can be utilized for transportation to and from health care
  facilities.
- Partner with different transportation companies to improve access.
- Find ways to utilize Telehealth especially for mental health issues.
- Work with FSSSA to improve billing for providers to increase Medicaid acceptance.
- Also work with State organizations to improve credentialing for providers allowing for increase in Tele-Health.
- How do you think social determinants of health plays into health outcomes in Vanderburgh County?
- Education is a big determining factor and can limit a population from understanding how to stay healthy.
- Lack of employment and jobs can affect income levels and limit a population from seeking healthcare.
- Segregation and zoning provides a means to keep different populations from entering certain
  areas and limiting their access to quality/healthy food, healthcare, transportation.
- Poverty would be a root cause that must be addressed and will negatively affect a population's ability to seek and receive quality healthcare to improve their health.
- Failing schools limit the education levels of a population and contribute to lack of healthcare knowledge.
- 3. How can we address social determinants of health in relationship to health outcomes in Vanderburgh County?
- Improve schools and the education of all children.
- Must have strong economic development plans and job growth at all different income levels.

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- Revamp and improve zoning laws that Ghettoize local housing and limit access to minority populations.
- Must deal with the root cause of poverty by improving education, employment, better housing.
- Get the Health Community involved with the Economic Development community.
- Educate employers and try to eliminate racial and cultural biases.
- 4. How do you feel institutional racism plays into health outcomes in Vanderburgh County?
- This 100% affects health outcomes by limiting access to healthcare.
- Examples given include providers not want to see certain patients because of the way they look,
   smell. or act.
- Cultural biases may cause providers and staff to not provide a level of service that a minority population needs.
- Very prevalent in primary care and limits different groups from receiving primary care.
- 5. How can we address institutional racism in relationship to health outcomes in Vanderburgh County?
- Try to entice more diverse providers to practice medicine.
- Work at the State level and local levels to increase cultural competency training.
- Change State requirement for medical licenses to include more cultural competency training.
- Must also look to provider staff and hospital staff from top to bottom and provide additional training.
- Work with IU Medical School to include more within the curriculum to identify and address institutional racism.
- 6. What programs do you think are working well to address infant mortality in Vanderburgh County?
- Emergency Medicaid is working well to get moms who don't have insurance.
- Smoking cessation programs, BMTF, the 1-800 Quit Line.
- ECHO and Deaconess have formed a strong partnership to help pregnant moms.
- Obamacare for ECHO patients is working very well.
- Pre to Three program is working very well and is well known.
- 7. What programs do you think are working well to address mental health in Vanderburgh County?
- Narcan distribution is saving lives.
- Evansville Police Department has a good CIT program that has worked well.
- 8. What programs do you think are working well to address substance abuse in Vanderburgh County?
- ECHO Health has a new substance abuse MAT program starting in January in downtown Evansville that will hopefully be helpful.
- Other MAT programs are available and new programs have started in recent years.
- 9. What programs do you think are working well to address health, nutrition and wellness in Vanderburgh County?

- Health Department Pre-Diabetes program.
- Vouchers to utilize the farmer's markets.
- WIC is a positive program and needs to be increased, and if possible also partner with EVSC to bridge the gap between WIC age and school age.
- Vaccination programs need to be continued and improved.
- 10. What do you think we can do to better utilize the programs that were just mentioned?
- Find ways to provide services and programs at times that many people may not be able to get to during the work day.
- Make programs convenient to the public.
- Simplifying Medicaid reimbursement for providers that could develop more providers to accept these patients.
- Talk to State leaders about issues with Medicaid.
- Continue to educate the public about the programs available and the process that can help them.