Community Health Planning Summit

Vanderburgh County Health Department
November 2018
Overview

On November 9, 2018 the Vanderburgh County Health Department hosted the first annual Community Health Planning Summit (see Appendix A). The Summit was conducted in the Welborn Conference room at 412 Mulberry St. Evansville, IN 47713 from the times of 8:00am-10:00am. The full agenda for the Summit is included in (Appendix B).

The Vanderburgh County Health Department partnered with Ashley Johnson, a representative from Deaconess Hospital, to help focus the discussion around the development of an implementation plan for the 2019 Vanderburgh County Community Health Needs Assessment. A major goal of hosting an annual Community Health Planning Summit is to keep the Vanderburgh County Health Department’s priorities centered on the identified needs in the Community Health Needs Assessment.

Another important goal of the Community Health Planning Summit for the VCHD is to gain community input from a variety of healthcare providers such as local hospitals, clinics, and non-profits as well as policy influencers and members of local government. The list of individuals in attendance of the event is included in (Appendix C). The Summit was introduced by Dr. Mark Wohlford, chairman of the Board of Health.

Community partners in attendance of the Summit were seated at round tables divided by topic area. The table discussions were separated into the following groups: health, nutrition, and wellness, infant mortality, substance abuse/mental health, and governing entities. Each round table was given the same set of discussion questions to be answered according to their respective topic areas. The list of discussion questions for each table is included in (Appendix D). Each table discussion was moderated and recorded by a VCHD staff member.

During the Summit, each table moderator took notes and compiled a list information discussed in their respective round table conversations. Notes from the round table discussions are included in this report in (Appendix E). Each table moderator briefly presented highlights from their table discussions with the larger group to close out the discussion.

VCHD Administrator, Joe Gries, closed the Community Health Planning Summit with final remarks. The information gathered from community partners will be compiled in this report along with an analysis of the round table discussion notes. This information is to be shared with the Vanderburgh County Board of Health, community partners, and individuals involved in the planning of the Community Health Needs Assessment implementation plan. It is the intention of the Vanderburgh County Health Department to continue these Summit discussions annually to increase community collaboration and continually renew our focus with the most pertinent health needs of Vanderburgh County.
Discussion Analysis

The Community Health Needs Assessment (CHNA) served as the guide for discussion around health issues during the Community Health Planning Summit. The Summit allowed for community collaboration and thorough discussion of local processes, programs, and systems that are working well, helped identify gaps in service, and fostered discussion for innovative problem solving. Many specific needs were identified and proposals were made to move our community forward. The following list was composed based on analysis of the Discussion notes are outlined in full in (Appendix E):

1) Increase community partnerships and collaboration
2) Better advertising and referring to current resources
3) Invest in programs that provide wrap-around services
4) Revitalization of public and alternative transportation
5) Re-zoning areas of the community to improve resources
6) Addressing education, poverty, housing as barriers to receiving healthcare
7) Healthcare provider education on implicit bias
8) Reduce mental health care stigma
9) Simplification and better utilization of the Medicaid system
10) Encourage local schools and colleges to get minority students into health fields

Each item on the list was discussed at multiple tables as a need for the community to improve healthcare delivery in Vanderburgh County in the coming years. This list is not comprehensive of discussion, but rather highlights repeated themes and suggestions made throughout the Summit.
Appendix A

COMMUNITY HEALTH PLANNING SESSION
WELBORN CONFERENCE CENTER

November 9, 2018 | 8-10am
You are invited to join the Vanderburgh County Health Department for an annual Community Health Planning Session in preparation for the 2019-2021 Community Health Needs Assessment (CHNA). Join peers, thought leaders, and subject matter experts as we discuss priority health issues in the Evansville community.

VANDERBURGH COUNTY HEALTH DEPARTMENT
Welborn Conference Center
412 Mulberry St.
Evansville, IN 47713
Friday, November 9, 2018
8-10 am
## VCHD Community Health Improvement Plan Meeting Agenda

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>RESPONSIBLE PARTY</th>
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<tbody>
<tr>
<td>7:45-8:15</td>
<td>Doors open, coffee &amp; refreshments served</td>
<td>VCHD Staff</td>
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<tr>
<td>8:15-8:20</td>
<td>Introduction to speaker</td>
<td>Dr. Wohlford Chair, Board of Health</td>
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<tr>
<td>8:20-8:30</td>
<td>CHNA background</td>
<td>Ashley Johnson Deaconess</td>
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<tr>
<td>8:30-9:30</td>
<td>Round table discussion</td>
<td>Joe Gries VCHD Administrator</td>
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<td>9:30-9:45</td>
<td>Table presentations to group</td>
<td>Joe Gries VCHD Administrator</td>
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<tr>
<td>9:45-10:00</td>
<td>Discussion summary &amp; closing remarks</td>
<td>Joe Gries VCHD Administrator</td>
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### Appendix C

#### Public Health Summit: Community Health Planning Session

**Friday, November 9, 2018**  
**Welborn Conference Room**  

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#### Attendee List

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Appendix D

Questions for Community Health Planning Meeting
(Health, Nutrition, & Wellness; Infant Mortality; Substance Abuse/Mental Health Tables)

1. What is currently being done to address (topic) in Vanderburgh County?
2. What programs do you think are working well to address (topic) in Vanderburgh County?
3. What programs do you think are not working well to address (topic) in Vanderburgh County?
4. What do you think can be done to better utilize resources and programs that currently exist to address (topic) in Vanderburgh County?
5. How do you think access to care plays into (topic) in Vanderburgh County?
6. How can we address access to care issues in relationship to (topic) in Vanderburgh County?
7. How do you think social determinants of health play into (topic) in Vanderburgh County?
8. How can we address social determinants of health in relationship to (topic) in Vanderburgh County?
9. How do you feel institutional racism plays into (topic) in Vanderburgh County?
10. How can we address institutional racism in relationship to (topic) in Vanderburgh County?
Questions for Community Health Planning Meeting

(Governing Entity Tables)

1. How can we address access to care issues in relationship to health outcomes in Vanderburgh County?

2. How do you think social determinants of health plays into health outcomes in Vanderburgh County?

3. How can we address social determinants of health in relationship to health outcomes in Vanderburgh County?

4. How do you feel institutional racism plays into health outcomes in Vanderburgh County?

5. How can we address institutional racism in relationship to health outcomes in Vanderburgh County?

6. What programs do you think are working well to address infant mortality in Vanderburgh County?

7. What programs do you think are working well to address mental health in Vanderburgh County?

8. What programs do you think are working well to address substance abuse in Vanderburgh County?

9. What programs do you think are working well to address health, nutrition and wellness in Vanderburgh County?

10. What do you think we can do to better utilize the programs that were just mentioned?
Appendix E

Questions for Community Health Planning Meeting

Health, Nutrition, and Wellness Notes

1. What is currently being done to address Health, Nutrition, and Wellness in Vanderburgh County?
   a. VCHD Programs: Stop smoking, Weigh Down, Stress Management, Baby & Me Tobacco Free, DPP
   b. YMCA- partnership with St. Vincent Diabetes program (Team 13 nutrition lessons), pediatric weight management program
   c. Epworth yoga, wellness classes for public & associates, shift in focus to population health
   d. Deaconess Action women’s wellness cards
   e. St. Vincent food security programs at elementary schools (Cedar Hall)
   f. Health Coalition: Healthy Community Partnerships
   g. Purdue Extension- teaching nutrition in low income elementary schools
   h. Promise Zone focus on food access

2. What programs do you think are working well to address Health, Nutrition, and Wellness in Vanderburgh County?
   a. Programs which include collaboration efforts are working well
   b. Healthy Community Partnerships has been doing well to lead the way
   c. VCHD Health Promotion programs with proven outcomes & winning awards
   d. Trails Coalition High Rail Safety — doing well to reach out to younger generation and also improving bike lanes/roads
   e. Programs that promote a culture change
   f. Collaboration leading to momentum in our community

3. What programs do you think are not working well to address Health, Nutrition, and Wellness in Vanderburgh County?
   a. Most programs seem to be poor at tracking outcomes
   b. So many programs the focus is not very narrow
   c. Connecting the dots between initiatives is an issue
   d. Knowing WHO to approach to get information/answers is difficult
   e. No “Master Plan” seems to exist
   f. Overlay map of plans is not public, the data is extensive and difficult to read
   g. Poverty is such an issue and often needs to be looked at before Health, Nutrition, & Wellness programs are even considered
   h. Communication & awareness of programs is lacking- more networking and connections between practicing physicians and other groups

MR 11/18
Appendix E (cont.)

Vanderburgh County Health Department
420 Mulberry Street
Evansville, Indiana 47713-1231
Phone: (812) 435-2100
E-mail: health@vanderburgcounty.in.gov
Web Page: health.vanderburgcounty.in.gov

i. An update to Vanderburgh County's trails map would be a good next step for 2019-
   Center for GIS
j. Continuing to push awareness for the initiatives in the county

4. What do you think can be done to better utilize resources and programs that currently exist to
   address Health, Nutrition, and Wellness in Vanderburgh County?
   a. Information sharing
   b. Cross collaboration
   c. Awareness/Promotion
   d. Environment & Programs working together
   e. Sync a community calendar
   f. Funding (grant writing)
   g. Increase membership to Healthy Community Partnerships from people outside the area
      of Public Health
   h. IU medical school involvement
      i. Community work
      ii. Family Medicine residencies
      iii. Internships
      iv. American Heart Association – knowing biometric numbers and providing health
         screenings to the public

5. How do you think access to care plays into Health, Nutrition, and Wellness in Vanderburgh
   County?
   a. Connection to primary care, screening availability
   b. Navigators
   c. Look into percentage of residents with coverage
   d. Many people have 2+ appointments for the same issue, look into streamlining the
      process so that it makes it easier for people to get to the doctor once instead of multiple
      appointments
   e. Volunteers or students to follow up with patients and bring them resources
   f. More money and access to transportation- trails could help

6. How can we address access to care issues in relationship to Health, Nutrition, and Wellness in
   Vanderburgh County?
   a. St. Vincent and YMCA partnership- getting physicians downtown Evansville where
      patients need them
   b. Getting Specialists into doctor's offices downtown
   c. Because there is a shortage of PCPs, we need to get medical school residents involved in
      the community
7. How do you think social determinants of health play into Health, Nutrition, and Wellness in Vanderburgh County?
   a. The social determinants of health are everything—poverty & education needs often need to be addressed before wellness issues
   b. Food access is an issue—Promise Zone is aiming to tackle this issue
   c. 60% of students in EVSC school system have free or reduced lunch, great need in our community

8. How can we address social determinants of health in relationship to Health, Nutrition, and Wellness in Vanderburgh County?
   a. Free & reduced lunches in schools
   b. Housing & food security being addressed
   c. Community infrastructure—trails/access
   d. Housing organizations collaborating together with Health workgroups
   e. 360-degree care for people in our community—mental, emotional, physical, spiritual health

9. How do you feel institutional racism plays into Health, Nutrition, and Wellness in Vanderburgh County?
   a. Our community lacks diversity, especially in providers
   b. Unawareness of cultural competency is heavy in Vanderburgh County
   c. The Health community is not often thing about it
   d. City planning has led to inequity

10. How can we address institutional racism in relationship to Health, Nutrition, and Wellness in Vanderburgh County?
    a. CAPE minority health is helping to address institutional racism
    b. Efforts in 4H at the Purdue Extension and Joshua Academy to include diverse students in food education
    c. Make an effort to include diverse perspectives on boards in hospitals
    d. HOLA
    e. Focusing on the Marshallese population
    f. Make commitments in health collaborations to have intentional conversations about the topic

MR 11/18
Appendix E (cont.)

Questions for Community Health Planning Meeting

Infant Mortality Notes

1. What is currently being done to address IM in Vanderburgh County? Neighborhood Baby Shower, Have a healthy baby class, Safe Sleep certification, Pre to 3, BMTF, FIMR, PNAB, Evansville Christian Life Center programs, Little Lamb programs, Milk Bank, Healthy Baby Steps, EQUIP, Perinatal Substance Committee, Stepping Forward, Safe Sleep classes-state program, 17P preterm toolkit, Perinatal level of care, Baby Friendly

2. What programs do you think are working well to address IM in Vanderburgh County?

   BMTF, FIMR, Pre to 3, Stepping Forward, Neighborhood Baby Shower, FFSA working with Medicaid funding/billing

   - Awareness has made a difference for IM and the disparity issue

3. What programs do you think are not working well to address IM in Vanderburgh County?

   PNAB could be more proactive to make recommendations and take actions regarding IM

   17P needs to be more accessible

   Not enough drug treatment center for pregnant clients

LH 11/18
Appendix E (cont.)

4. What do you think can be done to better utilize resources and programs that currently exist to address IM in Vanderburgh County?

   Expansion of the Deaconess Residency and EHCO clinic. Awareness to the quality of these programs

   OB navigators and social workers to assist with services

   Improved transportation that is low cost or no cost

   More Medicaid providers - widen panels for Medicaid clients

5. How do you think access to care plays into (topic) in Vanderburgh County?

   17 P can only be mailed to a home address, which is a problem for housing insecurity

   Transportation is an issue with delivering hospital/offices not on bus route

   Open up office hours to include evening and weekends for those that work and unable to take off

   Awareness and education that early and often OB care is essential to good outcomes

6. How can we address access to care issues in relationship to (topic) in Vanderburgh County?

   Must build trust and be visible in the community to improve access to care

   Education and discussion with home birthing providers

   Utilize more nurse navigators/social workers and doula home visitation

7. How do you think social determinants of health play into (topic) in Vanderburgh County?

   Lack of Medicaid providers in at risk areas
Lack of need support during pregnancy and post partum

8. How can we address social determinants of health in relationship to (topic) in Vanderburgh County?

   Education to provide culturally competent care including care from minorities

   Discussion early and often on how social determinants of care impacts the life course

9. How do you feel institutional racism plays into (topic) in Vanderburgh County?

   Unfortunately many times we are Not providing culturally competent care

   Everyone providing care should be aware of their implicit bias - all should have ongoing assessments and education

   If you are a black health care provider, you have to prove yourself ... judged

10. How can we address institutional racism in relationship to (topic) in Vanderburgh County?

    Early education to all health care providers

    Get more community partners to the table to discuss institutional racism including AHEC, NAACP in all facets of providing health care
Appendix E (cont.)

Questions for Community Health Planning Meeting

*Mental Health/Drug Addiction Notes*

1. What is currently being done to address (topic) in Vanderburgh County?
   - 12 step programs — there is a central office for AA, NA, etc.
   - MAT programs — opioids only
   - CAUE — teaching how to administer Narcan
   - House of Bread and Peace — for women, address mental illness and substance abuse together
   - YWCA — homeless and recovering
   - Certifications to treat drug addiction
   - Education on Narcan administration
   - Jail
   - Hospitals
   - Stepping Forward
   - Brentwood Springs
   - Respite housing
   - Public and private mental health programs

2. What programs do you think are working well to address (topic) in Vanderburgh County?
   - W.A.R.M. Center — allow to stay for a longer time, drug/alcohol only, residential/half-way house, affordable
   - Stepping Forward — so many resources
   - AA, NA — support community
   - Intensive outpatient
   - Education for people about addiction
   - Youth First social workers
   - MAT — may not have enough data on outcomes yet
   - CIT/HOPE — crisis intervention training, volunteers that respond to a family when a family member commits suicide

3. What programs do you think are not working well to address (topic) in Vanderburgh County?
   - Programs are too brief
   - Jail — the treatment for drug addiction/mental health treatment is almost non-existent
   - MAT — need to get patients more support/resources, could connect each patient to AA, NA
   - Education for youth could be stronger
   - Need to see what EVSC is doing for education on opioids and mental health
   - Education on stigma could be better

CS 11/18
4. What do you think can be done to better utilize resources and programs that currently exist to address (topic) in Vanderburgh County?
People with poverty or no insurance
If people have been harmed in the past, they may not have trust in many people
Patient may or may not have family
Family may be an enabler
Patient may have elevated ACE score
Unconscious bias

5. How do you think access to care plays into (topic) in Vanderburgh County?
Provide education to reduce stigma
Have dialog with youth – listening sessions to see what they want to learn and see done and how they see what is happening

6. How can we address access to care issues in relationship to (topic) in Vanderburgh County?
There are not enough black residents in the recovering community
There are not many black people who are attending AA, NA
Doctors may be more willing to prescribe opioids to white patients
Poverty – could be treated differently because of poor or no insurance

7. How do you think social determinants of health play into (topic) in Vanderburgh County?
Get young people to work on thinking about health careers
Have an intentional build of minority in health care – EVSC and colleges
EVSC – work on unconscious bias education/training
Retrain staff about providing culturally competent care to patients

8. How can we address social determinants of health in relationship to (topic) in Vanderburgh County?
Get a group together of providers, recovering addicts, etc and discuss what is working to address this topic – get all stakeholders and groups together to work on programs and solutions together
Have more referrals to AA/NA programs – set the patient up with a partner to go to meetings
Hold youth AA meetings
Hold college AA meetings

9. How do you feel institutional racism plays into (topic) in Vanderburgh County?
Patient may wait to get into a mental health provider
All organizations have open positions they can’t fill
Need to get addicts into treatment immediately

10. How can we address institutional racism in relationship to (topic) in Vanderburgh County?
Education for public on what type of mental health provider they need and how the system works
Offer next day appointment in treatment facilities
Peer recove coach program to have support after discharge
Questions for Community Health Planning Meeting

_Governing Entities Notes_

1. How can we address access to care issues in relationship to health outcomes in Vanderburgh County?
   - Stratify the different problems different populations have to determine who can help in each area.
   - Work to make public transportation more efficient and more varied.
   - Develop Electric Scooter depots throughout the city.
   - Look at the Toyota study that looked at the urban to rural transportation issues to see if there would be helpful determinations that can be utilized for transportation to and from health care facilities.
   - Partner with different transportation companies to improve access.
   - Find ways to utilize Telehealth especially for mental health issues.
   - Work with FSSSA to improve billing for providers to increase Medicaid acceptance.
   - Also work with State organizations to improve credentialing for providers allowing for increase in Tele-Health.

2. How do you think social determinants of health plays into health outcomes in Vanderburgh County?
   - Education is a big determining factor and can limit a population from understanding how to stay healthy.
   - Lack of employment and jobs can affect income levels and limit a population from seeking healthcare.
   - Segregation and zoning provides a means to keep different populations from entering certain areas and limiting their access to quality/healthy food, healthcare, transportation.
   - Poverty would be a root cause that must be addressed and will negatively affect a population’s ability to seek and receive quality healthcare to improve their health.
   - Failing schools limit the education levels of a population and contribute to lack of healthcare knowledge.

3. How can we address social determinants of health in relationship to health outcomes in Vanderburgh County?
   - Improve schools and the education of all children.
   - Must have strong economic development plans and job growth at all different income levels.

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Appendix E (cont.)

- Revamp and improve zoning laws that Ghettoize local housing and limit access to minority populations.
- Must deal with the root cause of poverty by improving education, employment, better housing.
- Get the Health Community involved with the Economic Development community.
- Educate employers and try to eliminate racial and cultural biases.

4. How do you feel institutional racism plays into health outcomes in Vanderburgh County?
- This 100% affects health outcomes by limiting access to healthcare.
- Examples given include providers not want to see certain patients because of the way they look, smell, or act.
- Cultural biases may cause providers and staff to not provide a level of service that a minority population needs.
- Very prevalent in primary care and limits different groups from receiving primary care.

5. How can we address institutional racism in relationship to health outcomes in Vanderburgh County?
- Try to entice more diverse providers to practice medicine.
- Work at the State level and local levels to increase cultural competency training.
- Change State requirement for medical licenses to include more cultural competency training.
- Must also look to provider staff and hospital staff from top to bottom and provide additional training.
- Work with IU Medical School to include more within the curriculum to identify and address institutional racism.

6. What programs do you think are working well to address infant mortality in Vanderburgh County?
- Emergency Medicaid is working well to get moms who don’t have insurance.
- Smoking cessation programs, BMTF, the 1-800 Quit Line.
- ECHO and Deaconess have formed a strong partnership to help pregnant moms.
- Obamacare for ECHO patients is working very well.
- Pre to Three program is working very well and is well known.

7. What programs do you think are working well to address mental health in Vanderburgh County?
- Narcan distribution is saving lives.
- Evansville Police Department has a good CIT program that has worked well.

8. What programs do you think are working well to address substance abuse in Vanderburgh County?
- ECHO Health has a new substance abuse MAT program starting in January in downtown Evansville that will hopefully be helpful.
- Other MAT programs are available and new programs have started in recent years.

9. What programs do you think are working well to address health, nutrition and wellness in Vanderburgh County?
- Health Department Pre-Diabetes program.
- Vouchers to utilize the farmer’s markets.
- WIC is a positive program and needs to be increased, and if possible also partner with EVSC to bridge the gap between WIC age and school age.
- Vaccination programs need to be continued and improved.

10. What do you think we can do to better utilize the programs that were just mentioned?
- Find ways to provide services and programs at times that many people may not be able to get to during the work day.
- Make programs convenient to the public.
- Simplifying Medicaid reimbursement for providers that could develop more providers to accept these patients.
- Talk to State leaders about issues with Medicaid.
- Continue to educate the public about the programs available and the process that can help them.